



Humpa Humpa

Level: Easy Int
Time: 2:31
BPM: 129

Music: Faästbänkler

Choreo: Julia Foell (muenchner-clogger@mail.de)

Sequence: ABCD ABCD END

W 16 beats

A

2 Outhouse

DS TCH(ots) H TCH(xif) H TCH(ots) H
L R L R L R L
R L R L R L R
&1 & 2 & 3 & 4

Cowboy
Turn

DS DS DS BR UP/H DS(xif) RS RS RS
L R L R R L R LR LR LR
&1 &2 &3 & 4 &5 &6 &7 &8

turn 1/2 L

Repeat all

B

Samantha

DS DS(xif) DR S DR S RS DS DS RS
L R R L L R LR L R LR
&1 &2 & 3 & 4 &5 &6 &7 &8

2 Slur Basic

DS SLR S(xib) DS RS
L R R L RL
R L L R LR
&1 & 2 &3 &4

Repeat

C

Joey

DS BA(xib) BA(ots) BA(ots) BA(xib) BA(ots) S
L R L R L R L
&1 & 2 & 3 & 4

Fancy Run

DS DS(xif) BA(ots) BA(xib) BA(ots) S
L R L R L R
&1 &2 & 3 & 4

Stomp Double

STO DS DS RS
R L R LR
1 &2 &3 &4

Humpa Humpa

Shake your head Wait 2 Say: Humpa Humpa wait
1-3 4-5 6-7 8

with crossed
arms

D

4 Polka Steps

H(ots) T(xif) S(ots) R(tog) S(ots)
L L L R L
R R R L R
1 2 3 & 4

Schuhplattler *

LH: LOS LF(ib) RH:LF(if) both OS
RH: ROS RF(ib) RH:RF(if) both OS
1 2 3 4

End

2 Drag Step and a Basic DrS DrS DS RS arms fwd
R L L R L RL
& 1 & 2 &3 &4

Triple DS DS DS RS turn 1/4 R
R L R LR
&1 &2 &3 &4

Repeat Drag Step and a Basic and Triple 3x to all four walls

4 Polka Step H(ots) T(xif) S(ots) R(tog) S(ots)
L L L R L
R R R L R
1 2 3 & 4

Hook on Face your partner hook on with your left arms and do
3x Beginner Basics (SRS) (fwd) (alternating footwork)in a
circle. Turn around with 1x Beginner Basic. Hook on with your
right arms and do 3x Beginner Basics (alternating footwork).

2 Steps S S(ots) bend your
1 2 knees

***abbreviations:** LH: Left Hand RH: Right Hand (slaps on)
LOS: Left Femur ROS: Right Femur OS: Femur
LF: Left Foot RF: Right foot